



## NEWSLETTER 1 | 2025

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Marburg-Bauerbach

Home of I M u N e.V.

Welcome to our supporters and friends from abroad. Please, find here our latest bilingual Newsletter 1/2025. We have the pleasure to announce that three main pages of our homepage are now available in English as well. And we are very pleased to welcome many new interested people to our mailing list. If you would like to be removed from the list, please let us know.



## 1. Pre-Face

Following our last newsletter, which was some time ago, we now have a lot of positive news to report. First of all, we would like to thank our dedicated members and the many people who have been open-minded towards us, worked with us, and, last but not least, our donors, some of whom have been very generous. Please remember that your donations are tax-deductible.

Our positive conclusion:

**We are growing!** Our small association has grown from 9 members at the time to 17 members now!

**We continue to produce and publish booklets!** Some have also been published in other languages. And many booklets now have QR codes for additional information.

**We have many plans for the future!** We look forward to expanding old networks and projects and starting new ones.

Anyone who is interested in our association is very welcome to contact or join us.

If you are interested in becoming a member, we will be happy to provide you with further information: [info@imun-ev.de](mailto:info@imun-ev.de)

Or simply download our membership application form from the imprint on our homepage: [www.imun-ev.de](http://www.imun-ev.de).

**Our motivation** to promote the joint health of humans and nature remains unbroken; in fact, it has grown even stronger.

And Julia Hill's words continue to guide us:

**“We are the ancestors of the future;  
what would you like your heritage to be?**

**Certainly not like a destroyed Earth.**

**And by joining forces, we as individuals can make a difference—**

**that is our hope!**



## 2. Donation Campaigns und Projects

### **Charity 2024/2025:**

The 2024 Christmas donation campaign was dedicated to supporting children who do not have access to regular and nutritious food. We were able to transfer €1,000 to Tafel Marburg e.V. (Kindertafel Stadtallendorf).

With the proceeds from the 2025 Easter donation campaign, we supported “Lese-Monitoring Marburg e.V.”. The association addresses the reading deficit among schoolchildren in order to enable them to enter a successful (professional) life later on. We were able to transfer €400, and we are considering to giving away our children's books to the association.

### **A big thank you to our donors!**

#### **Funding from Volksbank Mittelhessen e.G.:**

In the “Project for Young and Old” funding competition organized by @Volksbank Mittelhessen, our association has once again (after 2024) won €1,000 also in 2025. We are delighted to be able to continue our educational work on “environmental and health awareness” (e.g., distributing children's books to educational institutions, as we reported). Many thanks to VB Mittelhessen for its commitment to regularly organizing funding competitions for associations.

<https://www.vb-mittelhessen.de/engagement>

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### **Talks/Exhibitions:**

At the invitation of the Lebensmittelpunkt - LMP - Marburg-Wehrda, a discussion round was held in which Thomas Heintze answered questions from interested guests about holistic treatment options for diseases. We presented our booklets as well. As usual, 100% of the proceeds from the donations went to our projects.

<https://www.bne-marburg.de/organisation/lebensmittelpunkt-wehrda>

In 2025, Dr. Thomas Heintze's practice (Am Wäldchen 8, Marburg Bauerbach, also home of I M u N e.V.) hosted an “Art Exhibition in the Folder” by Kassel-based artist Henry Walz. The artist provided us with reproductions of his works in DIN A5 format, which were displayed in the folder. He donated half of the proceeds to I M u N e.V. Thank you very much! Officially, the exhibition ended before the summer break. However, if you are interested, you can inquire at any time: [info@imun-ev.de](mailto:info@imun-ev.de)

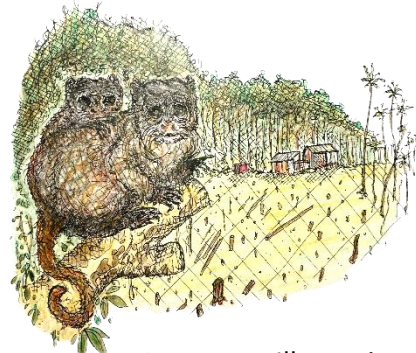
Our member Kim Holzmann organized two small exhibitions of our booklets on the occasion of a Cave Research Conference and the BioBlitz Day at the University of Würzburg.

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**Project: “Biological diversity in the Peruvian Amazon rainforest”**

The background (as we reported) is the long-standing scientific cooperation between Prof. Eckhard W. Heymann (German Primate Center, Göttingen) and Prof. Birgit Ziegenhagen (until 2019 University of Marburg).



Fotos: Eckhard Heymann, Illustration:  
Jakob Schieb (Member of I M u N e.V.)

With a further donation of approximately €800 to a non-governmental organization (NGO) in Peru, we were able to help secure their valuable work for the preservation of a small area of virgin forest

In the summer of 2025, copies of our children's book “Wie Monita zur Urwald-Superheldin wurde” were also sent to Peru. We had previously translated this book into Spanish. It brings our research on the “reforestation of primeval forest areas by small primates” to life for children.

**Project: “Climate Forest”**

A donation from I M u N e.V. helped to finance some of the small trees (deciduous species tolerant to summer drought) that were planted in 2023 on a depleted spruce area in the Marburg-Biedenkopf district (together with the Burgwald Forestry Office). Here is just a brief update. The forest is growing and thriving. We will probably offer a hike there in the spring of next year. We will announce this on our homepage.

**Project “Media library – environmental and health knowledge”**

Our media library is constantly growing with the help of association members and other supporters of I M u N e.V. We are extremely productive. The Pocket Series booklets are very popular.

**What's new is** that we now work with QR codes, which offer valuable additional knowledge in some booklets (more-knowledge QR codes). Take a look at the list of our booklets on the “Media” page of our website <https://imun-ev.de/MEDIEN/>.

**An appropriate note:** Our yoga booklet “Seven to Heaven” from the “PocketHealth” series has an additional breathing rhythm video (via QR code) to promote slower breathing and strengthen the vagus nerve. This video, as well as several others in other booklets, was edited by Mathias Moneke. Thank you very much!



**Another new development** is that we now offer several of our books in foreign languages. All of them have been translated by native speakers. Our children's book "Monita - la superheroína de la selva" was translated by Dr. Bárbara Díez Rodríguez (Spain). Thank you very much!

Our three children's books "MiMu Loves the Sea," "Lala and the Water Paradise," and "Onyx and Xenia – two little dragons" have been available in English since 2025. Many thanks to Anna Roos (Switzerland) and Hannah Willis (USA)!

In addition, two books from our "PocketGallery" series have been published in English. The authors and editor translated the short texts themselves. This applies to the coral reef booklet ("Deep Dive") and the Amazonas booklet ("Breathtaking and endangered – Man and nature in the large floodplains of Brazil"). Both have additional informative QR codes and videos.

Although we offer a complete list of our books for download from our homepage, we would like to highlight one new publication in each of the two series PocketHealth and PocketKnowledge in our newsletters.

We are extremely pleased that a brand-new booklet (September 19, 2025) has now been added to the PocketHealth series: "Wie ich mein Gehirn fit mache und fit halte".

An equally brand-new (September 19, 2025) and informative booklet from the PocketWissen series will delight and amaze you: "Streuobst – Dem Apfel auf der Spur"



Unfortunately, these books are available in German language, only.





### 3. Networking and upcoming activities

#### **Cooperation with the Deutsches Meeresmuseum (DMM) and the Förderverein des Deutschen Meeresmuseums (FDM)**

*DMM means “Ocean Museum Germany” and FDM an association in support of the DMM*

At the end of March, Birgit Ziegenhagen and Thomas Heintze visited Stralsund to expand our existing cooperation and develop detailed concepts. Not only did they visit the extremely impressive exhibitions, but they also spoke with DMM's and FDM's board members about jointly distributing their booklets on environmental knowledge and about joint marine conservation issues (e.g., seagrass and coral reef restoration). Specifically, the projects will be able to begin at the end of this year at the earliest. A big thank you to Prof. Dr. Burkard Baschek (DMM), Dr. Harald Benke (formerly DMM) and Matthias Wolters and Anica Rothbart-Nickel (both FDM). We will report back in due course.

#### **Cooperation with the National Park Kellerwald-Edersee**

This cooperation project was also discussed further in a Zoom meeting with the park's management. In the medium term, there are plans to develop ONE HEALTH projects between the city of Bad Wildungen and the National Park.

#### **Cooperation with other initiatives**

- We are working together with the “Lebensmittelzentrum – LMP - Wehrda (Wehrda Food Center)” and the “Marburg Food Council” (see above).
- We are working with the Mushroom Museum and the Bad Laasphe Mushroom Association to distribute the joint mushroom booklet.
- We are going to cooperate with a private initiative #einfach bücken.  
[www.naturfreunde-obertshausen.de/einfach-buecken](http://www.naturfreunde-obertshausen.de/einfach-buecken)  
Common concern: “Waste in the landscape, waste in the ocean”.

#### **Cooperation with universities**

University knowledge should be made accessible to everyone. To this end, I M u N e.V. would like to contribute with a campaign that has just been launched: “RaURiW – From university, out into the world.” The aim is to promote science communication, particularly in the environmental sciences.

**Exhibition plans:** At the end of September/beginning of October, I M u N e.V. will be represented with a book table at a medical congress. Our thanks go to the hosts and organizers.

**New booklets:** New booklets are in the pipeline. A booklet about peat bogs as important CO<sub>2</sub>-binding systems, impressive habitats and severely endangered ecosystems is expected to be published in 2026.

*Translated from German into English with the help of DeepL (2025) with slight modifications.*